# Social Media: Do's and Don'ts

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## Objectives

- \* Describe what social media is
- \* Recognize the impact of social media
- \* Understand the challenges that social media poses
- \* Identify the benefits of social media in society and healthcare
- \* Apply best practices when utilizing social media



## Types of Social Media:

- > Twitter
- > Facebook
- > You Tube
- > LinkedIn
- > Instagram
- > Flickr
- Blogs
- Discussion forums

and the list goes

on...

## **History and Statistics**

#### \* Facebook™

- \* Founded in 2004
- \* 1.23 billion active users
- \* 757 million daily users

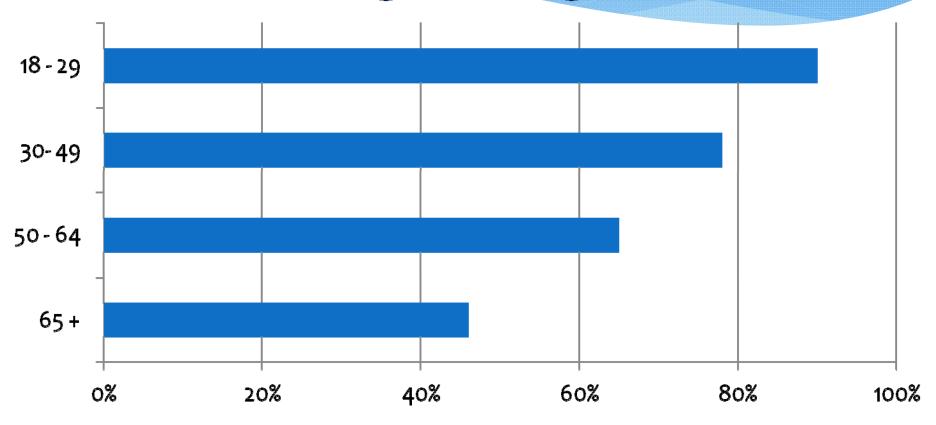
#### \* Twitter<sup>TM</sup>

- \* Founded in 2006
- \* 241 million active users
- \* 500 million Tweets per day

(Source: Facebook; Forbes; Twitter)

## Who is Using Social Media?

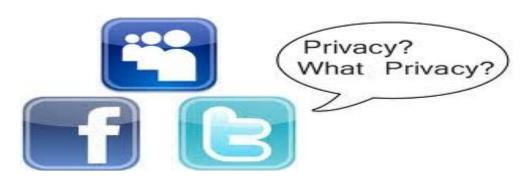
## Percentage by Age Group



Source: Pew Research Internet Project

#### Social Media: False Beliefs

- \*"I can control who sees what."
- \*"I can clear my digital footprint from the internet."
- \* "The things I post are only for friends and family."



## \*Cyber bullying

- \* Bogus accounts
- \* Sharing of rumors or false statements
- \* Sharing of inappropriate pictures
- \* Threatening instant messages, emails, or texts
- \* Workplace bullying



## \*Personal Privacy

- \* Use of photos
- \* Personal information shared
- \* Use of information for marketing
- \* Hacking



### \*Patient Privacy

- \* HIPAA
- \* Boundary violations
- \* Intentional/unintentional inappropriate use

Please Respect the Privacy of Our Patients.

## \*Impact on current/future career and educational opportunities

- \* Impact of social media postings
- \* Professional image
- \* Ramifications of inappropriate posts and use of social media



#### **Social Media: Benefits**

#### \*Healthcare related benefits

- \* Healthcare education
- \* Patient support
- \* Improve communication with patients
- \* Staff support



### **Social Media: Benefits**

#### \*General benefits

- \* Dissemination of Information
- \* Facilitate Change
- \* Improve Relationships



#### Social Media: Benefits

## \*Employment and educational opportunities

- \* Job opportunities
- \* Networking with those who are hiring
- \* Colleges and universities on social media



#### Social Media: Best Practices

- \* Do not post work related information.
- \* Do not post negative information.
- \* Do not assume your posts, pictures, or videos are "private."



## Social Media: Best Practices

- \* Network.
- \* Educate.
- \* Communicate and collaborate.



## Thank You

## Have a Great Convention!





#### Resources

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